



"The Roar of the Lion"

Jennifer Rubé, editor
September 2009

Sunday September 13th

"GREEN, WHITE & RED"

The Italian American Success Story

Listen to a live interview with author
Domenic Pulera

On

Italian Carousel

with Joe Capogreco

8am – 10am

on the radio at WROC 950 AM
or live on the web at
www.sportsradio950espn.com

Then come meet Dr Pulera
For a book signing
From 3PM – 5PM at the

Italian American Community Center
150 Frank DiMino Way (Off Buffalo Road)

Both Brother Joe Capogreco and Brother Ed
Maruggi are written up in this book so please
come out and support your fellow lodge
members at this book signing.

Personally autographed books will be
available for sale and will make
wonderful Christmas presents for the
upcoming holidays!

Saturday September 19th

Join fellow lodge members for The Feast of San Gennaro At Turning Stone Casino

\$59 per person

each person gets \$30 back
in casino/food bonus coupons
with valid drivers license or non-driver ID

All entertainment is included in the price

- The Pepperoni Brothers
- Celebrity Chef, Guy Fieri
- Franco Gallelli Band
- Jimmy Cavallo Band
- Comedian Joe Piscopo

You will be notified of pick up/drop off
points once we see who is riding with
us and where everyone is from.

The bus will return you to your pick up point
between 11PM and Midnight

For More Information:
Mary Ricci: 288 - 0820

WINE TASTING BUS TRIP!

Sunday November 1st

SEE ENCLOSED FLYER

Info: Linda Agnello 288-4234

TURKEY RAFFLE DINNER!

Wednesday November 11th

5:30PM – Dinner starts at 6PM

Info: Jen Gugino 482-4067

September 2009

Dear Brothers and Sisters,

As summer comes to an end we reflect on all the activities and time well spend with family and friends, both old and new. As Italian Americans, most of us find these times to be great opportunities to share what has been going on in our lives and hopefully, a chance to renew our interest in our heritage as well as other common interests.

As we move into the next season, our children and grandchildren will return to school and our own lives will become more structured again. Fall brings an increase in activities, as we all get ready to celebrate the upcoming holidays with family and friends. Time is precious and most of us belong to several organizations in which membership is either static or declining, as is attendance at many community events. We are told our younger family members need to make choices in what activities they participate in and that they should not be restricted. As parents and grandparents, we share in their enthusiasm but we also realize how it all affects our own lives.

For the past few months, I have had invitations to participate in many other organizations' events and as president of our lodge I take them all into serious consideration and attend where I can. As we've seen recently, many will send tickets in the mail and ask us as an organization to buy tables at their events. I know there has been a lot of negative feelings about this type of soliciting, especially as each group has their own problems selling tickets to their own events and budgets are limited, but we try to support where we can.

As I've mentioned at recent board and assembly meetings, we as a group must decide what type of organization we wish to have and figure out how we can keep our members interested as well as receive value for their financial and physical commitments to our organization and to the community itself. We have lots of activities scheduled for the next few months and each one requires a lot of organization and attendance in order to be considered a success. Our commitments to our upcoming fundraisers such as the Columbus Day Parade, the Christopher

Columbus Dinner Dance, the ad book and the Turkey Raffle Dinner will keep many of us very busy. We've also added several other events such as the San Gennaro bus trip, the Wine Tasting bus trip and the Christmas Party as social events, but attendance is still needed in order for them to be a success. We don't need to look at all events as fundraisers but as a time to get together and enjoy ourselves.

The organizers of these events should not take it personally when things don't fall into place as anticipated but our organization as a whole needs to take on the obligation to see as many as possible become a success. Those members, particularly board members, who are responsible for other major functions and activities cannot be expected to run all of the activities but there are members out there that just need to be asked and be given the opportunity to become more active. All members should feel free to volunteer to help out in whatever events interest them most.

Nancy and I would like to thank everyone on the picnic committee for their efforts to make this year's summer picnic the success that it was. A special thanks to Tony and Micky Palucci for the enormous amount of food they prepared and donated for the event. At their last meeting, your board proposed and approved that a donation from the proceeds of the picnic will be made to the Fatima Shrine in their honor as a thank you for all they did.

In closing, please support your lodge by working on and attending the upcoming events and to keep in touch by visiting our website at www.sonsofitalyrochester.com.

Fraternally,

Joe Rubé

VINCENT LOMBARDI LODGE

RECIPE – CARDOONS

From the kitchen of Nancy Affronti

BATTER:

- 6 Eggs
- 3 Cups Water
- 3 Cups Flour
- Salt/Pepper to Taste
- Optional: garlic and grated cheese

Beat eggs, add water and beat, add flour and beat. If mixture is too watery, add more flour. Set aside.

Clean and cut cardoon into 1/2"- 3/4" thick slices and about 5" long pieces. Add cardoon stalks to boiling water and cook until tender (be careful not to overcook). Drain and add cardoons to batter.

Heat oil in frying pan. Pick up 3-4 cardoons with fork and place in frying pan (make sure oil is hot). Cook for a few minutes on each side until golden brown. Place on paper bag to drain excess oil and cool.

To freeze cardoons: Blanch cardoon in boiling water for 2 minutes. Cool and place in freezer bags.

SEPTEMBER BIRTHDAYS

Happy Birthday wishes go out to....

9/8 Michela Palucci
9/9 Ross Cottone
9/9 Vincenzina Sciortino
9/13 Henry DiNardo
9/18 Mary Yacono
9/28 Salvatore Cutaia

COMMUNITY CALENDAR

- **September 9, 2009** – IACC – 12noon – fundraiser luncheon to benefit the Columbus Day Parade. Tickets \$13 per person. Info: IACC 594-8882
- **September 13, 2009** – IACC – Book Signing with Domenic Pulera, author of "Green, White & Red – The Italian American Success Story"
- **September 17, 2009** – Casa Italiana – Open House all'Italiana
- **September 19, 2009** – Sons of Italy – Feast of San Gennaro at Turning Stone Casino. Travel with lodge members to see a full day of food, fun and entertainment with stars including Chef Guy Fieri and comedic performer Joe Piscopo. (Info: Mary 288-0820)
- **October 10, 2009**
Columbus Day Parade – 11:30AM - Downtown Rochester
- **October 12, 2009** – 12noon
Columbus Day Luncheon
- **October 16, 2009** – 6PM
Sons of Italy – Christopher Columbus Dinner Dance (info: Susan 334-6641)
- **November 1, 2009** – 9AM – Sons of Italy Bus Tour to the Wineries of Seneca Lake – includes lunch. (info: Linda 288-4234)
- **November 11th, 2009** – Sons of Italy Annual "Papa Tony's Turkey Raffle Dinner" at St Cecelia's Community Center. (Info: Jennie 482-4067)
- **December 13, 2009** – 11AM - Casa Italiana – Christmas season Mass in Italian at Linehan Chapel (info: 389-2468)
- **December 18, 2009** – 6:30PM – Sons of Italy Christmas Party at the Eagles' Club on Buffalo Road

VINCENT LOMBARDI LODGE

Joseph DiTrapani ELECTED NATIONAL OSIA PRESIDENT

Joseph J. DiTrapani, a long time member of Per Sempre Lodge No. 2344, Lynbrook, New York and Past President of the New York Grand Lodge, Order Sons of Italy in America ... has been elected by acclamation as the 33rd National President of the Supreme Lodge, Order Sons of Italy in America. New York OSIA's Past First Lady Carol DiTrapani has now become National First Lady of the Supreme Lodge.

State President Salvatore Lanzilotta and the National Delegates from the New York Grand Lodge, Order Sons of Italy in America, have just returned from the National OSIA 51st Biennial National Convention, held at the Hyatt Regency in LaJolla, California.

Congratulations to all the other New York delegates who hold important positions in the Supreme Lodge ... Nancy DiFiore Quinn, National Treasurer; Joseph Sciame and Peter R. Zuzolo, National Past Presidents; National Trustees, Marianne Principe O'Neil and Michele Ment; National Foundation Trustee; Edward Innella, Louis C. Ambrosio and Carlo Matteucci; National Arbitration Commissioner Stella Grillo and National Alternate Arbitration Commissioner Nicholas Mauro. Nancy DiFiore Quinn was appointed by National President DiTrapani as the National Fund Raising Chairperson and Santina Haemmerle was appointed as the National CSJ Chairperson. State President Salvatore Lanzilotta was appointed as Co-Chairperson of the Supreme Cabinet. National President DiTrapani also appointed Rev. Adam Forno to serve as the National Chaplain of the Supreme Lodge OSIA. Fr. Forno will continue to also serve as the State Chaplain for the Grand Lodge of New York OSIA. Lastly, Sylvia Summa was appointed by National President DiTrapani to serve as the National Cooley's Anemia Chairperson.

COLUMBUS DAY PARADE

Please make plans to join fellow lodge members for this year's Columbus Day Parade on Saturday October 10th. We are looking for volunteers to help decorate the vehicles, ride in the parade and spectators to watch from the sidelines.

We are looking for the following:

- Convertibles and their drivers who would like to participate in the parade.
- Members who would like to march.
- Anyone wishing to put together a float of some sort.

For more information, please call Jennifer at 381-5540 or visit the parade website which is being updated with this year's information.

www.columbusdavrochester.com



VINCENT LOMBARDI LODGE

ITALIAN LINE DANCING

To the tune of "Comme Facette Mammeta"

Start with hands on hips

- Right foot on your heel, left foot on your heel – do twice
- 4 Count
- Hop forward on right, then left, then right and clap
- 4 Count
- Turn slightly to your left
- Right hip swing twice, then left hip swing twice
- 4 Count
- Right hip swing once, left hip swing once (repeat)
- 4 Count
- Skip right foot, skip left foot, (repeat) 2 times
- 4 Count

This is for the grapevine turn:

- Put right foot behind left and turn by placing left foot over right, right step, left step
- 4 Count
- You should end up facing the opposite way from where you started.
- Start over from the top

ITALIAN AMERICAN POPULATION NUMBERS

The following information was collected for the US Census Departments "2005 – 2007 American Community Survey (ACS). The ACS collects and produces population and housing information every year instead of every ten years. The 2005 –2007 ACS three year estimates are based on data collected between January 2005 and December 2007.

- New York State Italian Population: 2,826,575
- Percentage of Italians in New York State: 14.66%
- New York State has the highest number of Italian Americans of all fifty states.
- ACS data shows that 5.95% of the 298,757,310 Americans surveyed claim Italian heritage.
- Rochester New York ranks #78 on the list of the top 100 metropolitan regions of the USA
- 18% of the Rochester population claims Italian heritage.
- There are 185,430 residents of Rochester New York claiming Italian heritage according.

VINCENT LOMBARDI LODGE

Sweatshirts - \$35 each

Polo Shirts - \$30 each

(purple with Italian & USA Flags)

Great Gift Idea for Birthdays &
Christmas

For More Info:

Call Jennifer at 381-5540

CHRISTOPHER COLUMBUS DINNER DANCE

Friday October 16th
\$35 per person

Reserve your seats now!

For More Info:
Call Susan at 334-6641

SICILIANS

Information obtained from www.sicilianculture.com

SICILIAN SUPERSTITIONS

- When entering someone's home, always leave through the same door you can in from, otherwise its bad luck
- Never put a new pair of shoes on the kitchen table
- Put brand new shiny coins on the windowsill before midnight on New Year's Eve for good luck, place them heads up!
- Bury a mini plastic statuette of St. Joseph upside down on the front lawn if you want your house to sell
- Never give pearls as a present, they are to be inherited only
- The 'horns' is kind of similar to "I'm rubber, you're glue, whatever you say bounces off me and sticks to you", so if you wish someone harm who wears this pagan jewelry symbol, it will return to you to haunt you
- When in dire need of prayers for the sick, dead or dying, go to church and light a candle

SICILIAN FOLKLORE

The word or term Trinacria means "triangle" as for the shape of Sicily, the largest island in the Mediterranean. The Greeks called it Trinakrias, the Romans called it Trinacrium, meaning "star with 3 points". Today its known as Sicily, or Sicilia in Italian.

The Greeks circumnavigated the island and noted the three capes, Peloro, Passero, and Lilibeo, forming three points of a triangle in the northeast, the southeast, and the west. "Taken by its beauty they likened its shores to the legs of a woman" and represented the island with the TRINAKIE.

The Sicilian Banner recently adopted by the autonomous region of Sicily has the Trinacria in its center on a shield of yellow gold and red-orange. The head in the center was that of Medusa, whose hair was turned into snakes by the outraged goddess, Athene. In their wisdom, the Sicilian parliament replaced the Medusa head with one that is less threatening to the innocent onlooker who, after all, should not be anticipating being turned to stone.

CHRISTMAS PARTY!

Save the Date!

December 18th – 6:30PM

Eagles' Club – Buffalo Road



2009 SUMMER PICNIC MEMORIES



Who's the Boss?
President Joe and Brother
Tony setting up for the picnic



Left to Right: Brother Pat Sculli,
Brother Louis DeCarolis,
Brother Tony Palucci and Brother Joe Rubé



Food, Food and More Food !



Left to Right: Brother Joe Vazzana,
Sister Marie DiGiacomo, Sister Ann Battaglia,
Sister Eunice McCarthy, Brother John Manion,
Brother Ross Battaglia and Brother Tom Vazzana



Brothers Joe x 3 and Pat
Brothers Joe Galante,
Pat Sculli, Joe DiPasquale and Joe Rubé



Left to Right: Brother Joe Berta, Sister Marie DiGiacomo,
Brother Tony Palucci, Brother Joe Vazzana,
Brother Frank Oliveri, and Brother Russ Gugino



Left to Right: Sister Susan Berta,
Sister Jen Gugino, Yolanda Capogreco,
Sister Nancy Rubé



The Boys of Summer
Brothers Joe Rubé, Joe Galante,
Tony Palucci and Tom Vazzana



Left to Right: Brother Ted DeSoto, Sister Sylvia Vazzana,
Sister Susan Berta, Evelyn DeSoto



Ladies of the Lodge
Left to Right: Sisters Sylvia Vazzana, Susan Berta,
Ann Vazzana and MaryAnn Koons



Brother Bill Agnello and Brother Frank D'Aurizio



Sausage Anyone?
Brother Tony Palucci cooking at the grill



Time to Relax!
Head Chef, Sister Micky Palucci



Brother Phil Datillo and Brother Ted DeSoto



Brother Joe DiPasquale, Brother Phil Datillo
and Sister Eunice McCarthy

