

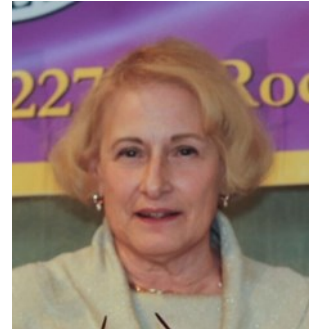


# The Roar of the Lion

Marisa Rubé Przepiora, editor  
November 2021 Edition

Dear Brothers and Sisters,

It is hard to believe that the holiday season is fast approaching. We have been through so much this past year, so many challenges, lost opportunities, our lives were put on hold, but in spite of all that, we have a lot to be grateful for. We learned a lot about ourselves. We found new ways to connect with other people, and reached out through Zoom, Messenger, Face time, or some other means. And while not exactly what we may have wanted, it did provide us with a means to stay connected. We can acknowledge the goodness that still happens in our lives and the people who may be partially responsible. By being grateful, we are able to relate to something larger than ourselves.



Last month we had a wonderfully successful Heritage Dinner and Awards evening. We honored three individuals and a family. We were able to gather with family and friends for good food, good drink, and some good conversation which may have been long overdue. I am grateful for all those who helped to make it happen—from the venue to the printer to our honorees and especially to our members who gave their time.

We can look forward to a fun evening on November 18th when we celebrate the Thanksgiving holiday with our own Papa Tony Antolini Turkey Raffle.

At our December 9th General Assembly Meeting, we will celebrate the Christmas season and adopt Angels of Mercy to share some of our good fortune with.

And in 2022, our Lodge will celebrate its 50th Anniversary. This is a milestone for any organization. We can look at how far we have come and the direction we want our Lodge to go in for the next 50 years (although I am sure I will not be here to enjoy it!). While our Lodge belongs to the NYS Grand Lodge, we have evolved differently than the Lodges downstate, and we can celebrate the events that have been instrumental in getting us to where we are.

We have much to look forward to next year, and I hope we do it together.

Take Care and God Bless,

Marjorie

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There is no General Assembly Meeting on Thursday, November 11th. The Eyer Building is closed for Veteran's Day.

Please join us for our Papa Antolini Turkey Raffle Dinner, featuring the ROC City Singers, on November 18th.

**Vincent Lombardi Lodge #2270  
2021 Calendar**

November 4th, 6:30pm: Council Meeting

**November 18th @ 6pm: Papa Antolini Turkey Raffle (St Nicholas Society, 186 Madison Street, East Rochester). \$30/per person. RSVP by November 14th**

November 19th, 11:30-1pm: Pie Pickup—Eyer Building

December 2nd, 6:30pm: Council Meeting

**December 9th, 7pm: General Assembly Holiday Meeting with refreshments and raffles**



**General Assembly Holiday Meeting  
December 9, 2021  
7:00 PM  
Come and celebrate the holidays**

Adopted Organization: Angels of Mercy  
Items needed: Women's leggings, all sizes  
Adult women's underwear size Sm- 4x  
Adult women's socks  
Scarves/hats/gloves  
Sneakers/boots

If you prefer to donate cash, we will have an envelope available.

We will have pizza. Please bring a refreshment to share.



To all our Brothers and Sisters who have served, our sincere and deepest appreciation and gratitude each and every day.

*Wishing all of our Brothers and Sisters  
a safe and Happy Thanksgiving!*





11/1: Franklin D'Aurizio, Joseph Valentino  
11/17: Patty Johns  
11/25: Gino Romano



Sending our deep condolences to Sister Sandy & Brother Tom Meleca and Brother Frank & Sister Angie Giancaterin for the loss of Sandy and Frank's mother, Cinderine. Cinderine was 101 years young at the time of her passing on October 30th. The full obituary can be found here:

<https://www.legacy.com/us/obituaries/syracuse/name/cinderine-giancaterin-obituary?pid=200554766>



Congratulations to our Heritage Dinner 50/50 Raffle winners—Tom Meleca Jr. and Mary and Bob Kosinsky!



The Vincent Lombardi Lodge 2022 dues invoices will be mailed to members in November. Amount remains the same as last year at \$60. Payment is due by December 31, 2021. We must reconcile our membership with the NYS Grand Lodge in January. In order to continue receiving the Italian American Magazine from the Supreme Lodge, your name must appear on the reconciliation list.



Through the Sons of Italy Foundation (SIF), and hundreds of thousands of family members located in all fifty states and the District of Columbia, the Order Sons and Daughters of Italy in America (OSDIA) has awarded nearly \$61 million in scholarships to date. In past years, the SIF has offered 10 to 15 merit-based scholarships (National Leadership Grants), ranging from \$4,000 to \$25,000, in a nationwide competition. Last year, students received a total of \$85,000 in merit-based scholarships!

**General Eligibility:** U.S. citizens of Italian descent (at least one Italian or Italian-American grandparent) enrolled in a four year undergraduate program or a graduate program at an accredited academic institution for the Fall 2022 term. Previous SIF scholarship winners are not eligible. Additional eligibility requirements may apply to specific scholarships.

**Deadline:** The deadline for all scholarships (unless otherwise noted) is February 28, 2022. All requirements for a given scholarship must be met or the application will not be considered. **All scholarship materials must be submitted online, and completed applications must be submitted by February 28, 2022. No exceptions will be made.** The SIF takes no responsibility for incomplete or late applications.

**Process:** Applications are screened by education professionals. Final selection is made by OSDIA's National Scholarship, Education and Culture Committee. Scholarship recipients will be notified by May 1, 2022. Monetary awards are presented directly to the students' academic institutions in accordance with eligibility requirements.

For detailed requirements and to access the application, please visit: <https://www.osia.org/programs/scholarships/>

## Join in the holiday festivities!

Building on last year's special holiday edition newsletter, this year we are offering all submissions at no cost to you. Here are the ways in which you can participate:

### 1. HOLIDAY ADS

Submit a holiday greeting to wish our sisters and brothers a Merry Christmas, Seasons Greetings, Happy Holidays, and a Happy New Year! It's easy....Send your holiday ad information to [vincentlombardilodge@gmail.com](mailto:vincentlombardilodge@gmail.com). You can design your ad yourself, and send a pdf or jpeg file, or if you are not as tech savvy, you can email the information and wording you would like in your ad to [vincentlombardilodge@gmail.com](mailto:vincentlombardilodge@gmail.com), and we will design it for you. Ads are due by December 10th. Below are some examples from last year.



### 2. ITALIAN HOLIDAY RECIPES, PICTURES, STORIES, AND OTHER SUBMISSIONS

Contribute a piece to round out our newsletter and help others get to know you and your Italian holiday traditions?. Contributions could be in the form of a story or poem about the holidays in your family, a traditional Italian family holiday recipe, pictures of your tree or Christmas decorations, Holiday word games, or any other holiday themed piece that you would like to share. Email your contribution to [vincentlombardilodge@gmail.com](mailto:vincentlombardilodge@gmail.com), or send via US postal mail to: Marisa Przepiora 4552 Wildflower Dr, Canandaigua NY 14424. All submissions must be received by December 10th.

## RAFFLE!!!!!!

This year at our Papa Antolini Turkey Raffle, we will be raffling several items to raise money for our scholarship program. Raffle tickets will be sold at the event, for \$1 each or \$10 for an arms length. Items to be raffled are pictured below.



From left to right: Gift basket with Italian food items; Disney Basket with toys and stuffed animals; handmade lap quilt by Andrea Cole; Italian basket with olive oil, vinegar, cruets and serving dish; Santa Claus cookie jar with treats.

## Christopher Columbus Italian American Heritage Awards Dinner Honorees

### Leo Iacobelli—Lifetime Achievement Award



Leo immigrated to the United States with his parents, Gustavo and Immacolata, in 1967. After working over ten years here, his father decided to return to their hometown, San Salvatore, Benevento, but soon realized his children would have greater opportunities in America, and they returned to the Rochester area in 1981.

Leo received a Bachelor of Science degree from St. John Fisher College in 1987, majoring in Management with a concentration in Finance. He has been employed for almost 25 years at ESL as an investment manager and played a key role in launching ESL Investment Services, LLC. In 1999 he was appointed to the position of vice president, and in 2003 was named President and Chief Operating Officer.

Leo's community involvement involves being on the board of IACKids, a local charity that assist families with sick children. He also serves on the boards of The ESL Charitable Foundation and is a member of the St. John Fisher College Dean's Leadership Circle. He and his wife, Grace, have two daughters, Marisa and Olivia.

### Catherine "Kitty" DiNicola—Woman of the Year



Kitty was born in Rochester and grew up in Gates. She received a degree in Business Administration and Human Resource Management from Monroe Community College and has retired from Rochester Regional Health System (RRH).

She continues to serve the community as a volunteer at RGHS with the Palliative Care Team and on the National Mathematica Organization Committee, which reviews all areas of health care and focuses on improvement measures to increase patient satisfaction and maintain safety for patients and their families.

She and husband David have been married for 56 years. They have three wonderful sons, Michael, Philip, and Daniel. Their seven grandchildren, Ava, Joshua, Jacob, Natalie, Douglas, Marco, and Mila keep them busy.

### Vincent Giannantonio—Man of the Year



Vincent grew up in a tight knit Italian American community in Rochester known as Dutch Town. Since 2007 he has been very active in Rochester's Italian American Community and has held positions of vice-president and president of the Vincent Lombardi Lodge and is currently the District VIII Trustee with the NYS Grand Lodge.

Vince graduated from Aquinas Institute and in 1989, he and a partner started a successful mechanical contracting business called Tomvin Enterprises. After 32 years, he retired this past March but keeps his hand in the trade by taking on small jobs. He and his wife, Lisa, of 47 years have a daughter, Andrea and two grandsons, carrying on the values and traditions instilled by Vince's parents.

### The Archetkos: Susan and James with sons Frank, James, and Tim—Family of the Year



A prominent family in Victor, they are known for raising thousands of dollars for the Victor-Farmington Food Cupboard through "Mama Tomottos" birthday fundraiser.

Frank, the oldest son, is a police officer with the Rochester Police Department. He has received numerous accolades for his on-the-job performance and is a volunteer with numerous charitable organizations. As a police sergeant, he is active instructing and training police recruits.

James, the middle son, has been a contractor for over 20 years. He owns and operates Modern Renovations, as well as being a real estate agent with Archetko Homes Team. He volunteers with the Catholic Youth Group and coaches Victor Little League for eight years.

Tim, the youngest son, is the chef and owner of the Otto Tomotto Restaurant Group, which includes Route 96 BBQ and Nashville Hot Chicken. Tim has received numerous awards as a businessperson, entrepreneur, and giving back to the community. Frank, James, and Tim live by the philosophy taught to them by their parents: work hard, be nice, and make a difference.

## Italian Contributions to World Culture Civitas Hippocratica: The Birthplace of Modern Medicine

The city of Hippocrates was the nickname given to the southern Italian city of Salerno during the Middle Ages because its university was famous for its school of medicine. It came to stand against the usual practices of medicine in medieval times. Then treatment was usually sought at monasteries where monks treated patients with purges, ointments, blood letting, and herbal remedies, as well as prayer, penitence, and relics. Medicine as we understand it today began in this southern Italian city on the Tyrrhenian Sea.

Begun in the ninth century, the Schola Medica Salernitana quickly became known throughout Europe for medical knowledge collected from close observation and practical experience as well as a variety of ancient and contemporaneous sources. The nearby monastery of Monte Cassino had accumulated texts from ancient Greek and later Arabic sources and translated them into Latin. Resources from Jewish practitioners also contributed to new syntheses of ideas and practices often focusing on prevention rather than cure, and laying down the foundation for a more empirical approach to medicine. In an age often characterized as hostile to new ideas and foreign cultures, the blending of Greek, Latin, Arabic and Jewish scholarship and practice is all the more remarkable. The school's course of study was rigorous, including three years of logic, five years of the study of medicine and surgery, an oral examination, and a year's internship with practicing physician. This curriculum was so well respected that in 1231 Emperor Frederick II declared that only those educated at Salerno could become licensed physicians.

The scope of learning in Salerno was wide ranging. In the early twelfth century the core curriculum, later called the Articella was based upon Arab, Roman, and Greek sources. Later in that same century Nicholas of Salerno published the Antidotary, a collection of prescriptions that was consulted frequently throughout medieval Europe. The study of anatomy was based upon the texts of the Roman physician Galen and the Arab Haly Abbas but also included the dissection of pigs. The practice of surgery was advanced through the work of Roger Frugardi whose text *Practica Chirugiaie*, contained instructions for repairing torn intestines and managing skull fractures. But the most important and widely consulted texts published at Salerno was a volume entitled *Regimen sanitatis Salernitanum* (The Salernitan Regimen of Health). First printed in 1260. This long poem, probably written by several people, contains advice still relevant for today: watch your weight, exercise regularly, observe good hygiene practices, and get adequate rest and recreation. Other recommended practices such as regular enemas, laxatives, and avoiding too frequent bathing, not so much. A volume aimed at healthy eating and produced at Salerno, *De flora dietarum*, declared pork to be the healthiest of meats, counseled against eating old cheese, and recommended the judicious consumption of wine for everyone. *Bevi un brindisi!*

~A friend of Matteo Teresi



*Arco della Costa, Verona (1982)*

I am an Italian-American. My roots are deep in an ancient soil, drenched by the Mediterranean sun, and watered by pure streams from snowcapped mountains.

I am enriched by thousands of years of culture. My hands are those of the mason, the artist, the man of the soil.

My thoughts have been recounted in the annals of Rome, the poetry of Virgil, the creations of Dante, and the philosophy of Benedetto Croce.

I am an Italian-American, and from my ancient world, I first spanned the seas to the New World.

I am Cristoforo Colombo.

I am Giovanne Caboto, known in American History as John Cabot, discoverer of the mainland of North America.

I am Amerigo Vespucci, who gave my name to the New World, America.

First to sail on the Great Lakes in 1679, founder of the territory that became the State of Illinois, colonizer of Louisiana and Arkansas, I am Enrico Tonti.

I am Filippo Mazzei, friend of Thomas Jefferson, and my thesis on the equality of man was written into the Bill of Rights.

I am William Paca, signer of the Declaration of Independence.

I am an Italian-American; I financed the Northwest Expedition of George Rogers Clark and accompanied him through the lands that would become Ohio, Indiana, Wisconsin, and Michigan. I am Colonel Francesco Vigo.

I mapped the Pacific from Mexico to Alaska and to the Philippines; I am Alessandro Malaspina.

I am Giacomo Belinimi, discoverer of the source of the Mississippi River in 1823.

I created the Dome of the United States Capitol. They call me the Michelangelo of America. I am Constantino Brumidi.

In 1904, I founded in San Francisco the Bank of Italy, now known as the Bank of America, the largest financial institution in the world; I am A.P. Giannini.

I am Enrico Fermi, father of nuclear science in America.

I am Steve Geppi, founder of Diamond Comics, the largest distributorship of comics on the planet.

I am the first enlisted man to earn the Medal of Honor in World War II; I am John Basilone of New Jersey.

I am an Italian-American.

I am the million strong who served in America 's armies and the tens of thousands whose names are enshrined in military cemeteries from Guadalcanal to the Rhine ...

I am the steel maker in Pittsburgh, the grower in the Imperial Valley of California, the textile designer in Manhattan, the movie maker in Hollywood, the homemaker, and the breadwinner in over 10,000 communities.

I am an American without stint or reservation, loving this land as only one who understands history, its agonies and its triumphs can love and serve it.

I will not be told that my contribution is any less nor my role not as worthy as that of any other American.

I will stand in support of this nation's freedom and protect it against all foes.

My heritage has dedicated me to this nation. I am proud of my heritage, and I shall remain worthy of it.

I am an Italian-American.

*NOTE: Mr. Bianchi is a former President of the Order Sons of Italy in America and father of our current National President, Robert Bianchi.*

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Vincent Giannantonio  
Sandra Meleca

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